



SPRING - SUMMER

2010 Season

Start Date: April 18, 2010

Men's Divisions: 18+ A, B1, B2, C1, C2, D1, D2, E
30+ A, B, C, D
40+ A/B, C/D

Adult 3 on 3 Divisions: B, C, D

Team Deposit Required: \$1,000.00 upon registration

Returning Team Registration Deadline: March 15, 2010

Canlan Ice Sports - York
989 Murray Ross Parkway
North York, ON
M3J 3M4
t · 416 · 661 · 5900
f · 416 · 661 · 5747
e · york@icesports.com

Full Payment Deadline: Week #5 of regular season (A \$200 late payment fee will be added to teams that have not paid in full)

Team Rep Meeting Date: 12-Apr-10
14-Apr-10

Games Guaranteed: 16 regular season + 2 playoff

Game Format: 12-10-10 stop time periods

Games Guaranteed: Sunday's - 13 regular season + 2 playoff

Game Format: Sunday's - 15-15-15 stop time periods

Games Guaranteed: Adult 3 on 3 - 12 regular season + 2 Playoff

Game Format: Adult 3 on 3 - 15-15-15 run time periods

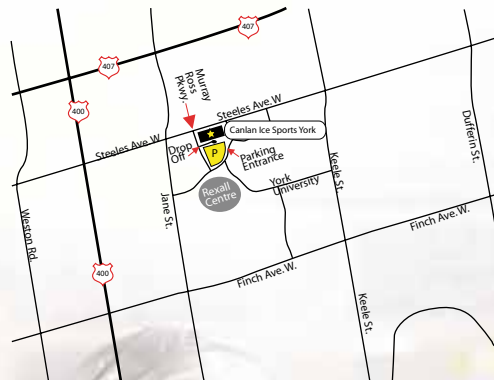
Overtime: Regular Season & Playoffs (3 on 3)

Insurance: Supplemental Accident Coverage Included

Team Price*: \$4218.00 (+ applicable taxes¹)
Adult 3on3 - \$2205.00 (applicable taxes¹)

Individual Price (including Jersey): \$340.00 (+ applicable taxes¹)

Individual Price: Adult 3on3 - \$230.00 (+ applicable taxes¹)



Online Stats/Schedules/Standings

Facility Champions qualify for Eastern Regional Championships in Oakville

Divisional Champions qualify for 2011 North American Championships

adultsafehockey.net

For online registration, team & player stats, standings, schedules, your Overtime Points Club account, your Team Locker Room and online contests.

¹Payments received by April 30, 2010 will be GST applicable only. Payments received after April 30, 2010 will be HST applicable (pro-rata for games prior to July 1, 2010).





The Adult Safe Hockey League delivers fun, fitness, and fair competition to its members across North America. The ASHL features quick and easy online registration, complete team & player stats, plus the best insurance package in recreational hockey, and an all-new lineup of Overtime Points Club rewards.



Remember to swipe your player card after every restaurant purchase and watch your points grow. Choose from tape, movie passes, Canlan Gift Certificates or pool your points with your teammates to earn a free set of jerseys, a Team party or a FREE tournament entry!



Early Registration & Full Payment Incentive

Teams registered 60 days prior to Game one will receive a \$100 Thirsty Penguin Gift Voucher

Teams paid in full by Game One will receive a \$100 Thirsty Penguin Gift Voucher

Men's Divisions

The ASHL provides a safe and competitive environment for players aged 18 and up. Five skill levels ensure there is a place just right for you. Select from A, B, C, D or E divisions and compete for extra playoff games and prizes.

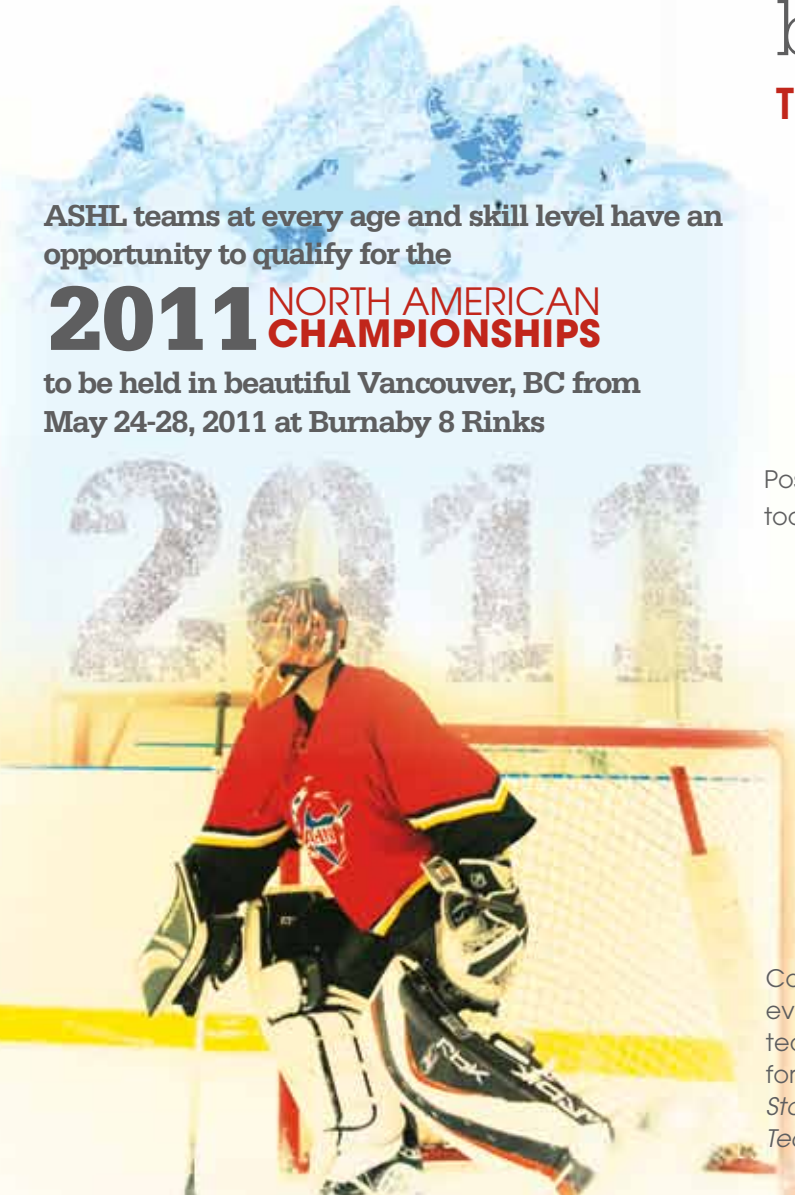
Women's Divisions

With interest growing, the ASHL has several locations offering women's divisions for the beginners to competitive level players. Check your local facility and the Hockey Finder for availability!

ASHL teams at every age and skill level have an opportunity to qualify for the

2011 NORTH AMERICAN CHAMPIONSHIPS

to be held in beautiful Vancouver, BC from May 24-28, 2011 at Burnaby 8 Rinks



MEMBERSHIP BENEFITS OF
adultsafehockey.net

Looking for a **team** to join?
Need **another player**
or two to fill out **your roster**?
Looking for a
back-up **goalie**?
The Hockey Finder can help.



Post your free profile in seconds and use the search tools to find players and teams looking for you!

Team Locker Room



Confirm your attendance at upcoming games and events, post pictures, videos, and messages for your teammates, vote for the 3 stars of the game, set forward lines and defense pairs, and much more. *Stay connected between games with your own Team Locker Room!*